

## **Co-curricular course: Semester-1**

### **Course Title: Food, Nutrition and Hygiene**

#### **English**

<https://ncert.nic.in/textbook/pdf/kehe103.pdf>

<https://egyankosh.ac.in/handle/123456789/31818>

<https://nios.ac.in/media/documents/srsec321newE/321-E-Lesson-4.pdf>

<https://nios.ac.in/media/documents/srsec321newE/321-E-Lesson-4.pdf>

[https://ciet.nic.in/moocspdf/FNHL/fnhl\\_m1.pdf](https://ciet.nic.in/moocspdf/FNHL/fnhl_m1.pdf)

[https://pdf.usaid.gov/pdf\\_docs/PA00TBCT.pdf](https://pdf.usaid.gov/pdf_docs/PA00TBCT.pdf)

<https://www.mjpruonline.com/papers/ba-bsc-bcom-1-sem-food-nutrition-and-hygiene-22124-2022.pdf>

<https://www.minorityaffairs.gov.in/WriteReadData/RTF1984/1015889108.pdf>

<https://www.unicef.org/media/60806/file/SOWC-2019.pdf>

#### **Hindi**

<https://uou.ac.in/sites/default/files/slm/CFN-01.pdf>

<https://ncert.nic.in/textbook/pdf/khhe202.pdf>

<http://cmcldp.org/userfiles/Book-5%20Nutrition%20and%20health%20care.pdf>

[https://nhm.gov.in/images/pdf/communitisation/vhsnc/Resources/Notes\\_for\\_Trainers\\_on\\_VHSN\\_C-Hindi.pdf](https://nhm.gov.in/images/pdf/communitisation/vhsnc/Resources/Notes_for_Trainers_on_VHSN_C-Hindi.pdf)

<https://www.unicef.org/india/hi/node/366>

## **Co-curricular course: Semester-3**

### **Course Title: Human Values and Environment studies**

#### **English**

<https://examjila.com/content/human-values-and-environmental-studies-questions-and-answers/>

<http://nscollege.org.in/wp-content/uploads/2020/01/1.3.1%20Cross%20Cutting%20Issues%20Final.pdf>

#### **Hindi**

<https://www.drishtiiias.com/hindi/images/pdf>

[https://mdu.ac.in/UpFiles/UpPdfFiles/2021/Jun/4\\_06-14-2021\\_12-37-49\\_Environmental%20Science\\_BA1009-I.pdf](https://mdu.ac.in/UpFiles/UpPdfFiles/2021/Jun/4_06-14-2021_12-37-49_Environmental%20Science_BA1009-I.pdf)

<https://examjila.com/content/human-values-and-environmental-studies-questions-and-answers/>

[https://uou.ac.in/sites/default/files/slm/FHVA-\(A\)10.pdf](https://uou.ac.in/sites/default/files/slm/FHVA-(A)10.pdf)

<https://ncert.nic.in/textbook/pdf/ghss201.pdf>

<http://grpgrampur.com/img/Manviy%20mulya%20aur%20vyavsyik%20natikta.pdf>

[file:///C:/Users/abc/Downloads/BLOCK%201%20\(1\).pdf](file:///C:/Users/abc/Downloads/BLOCK%201%20(1).pdf)

<https://veolympiad.com/wp-content/uploads/2023/07/9-10-hindi-ful.pdf>

<https://mpforest.gov.in/hrd/subject/3.pdf>

<https://www.jvbi.ac.in/dde/pdf/menu/distance/SLM/BA-II-SOL-I.pdf>

<https://hpuniv.ac.in/hpuniv/upload/uploadfiles/files/EVS.pdf>

## **Co-curricular course: Semester-5**

### **Course Title: Analytic Ability and Digital Awareness**

#### **Hindi**

[https://ncert.nic.in/pdf/announcement/PRAGYATA\\_Guidelines\\_hindi.pdf](https://ncert.nic.in/pdf/announcement/PRAGYATA_Guidelines_hindi.pdf)

<https://www.xn--i1bj3fqcyde.xn--11b7cb3a6a.xn--h2brj9c/spotlight/%E0%A4%A1%E0%A4%BF%E0%A4%9C%E>

[https://www.pmgdisha.in/wp-content/uploads/2017/11/Hindi\\_PMGDISHA\\_guidelines1.pdf](https://www.pmgdisha.in/wp-content/uploads/2017/11/Hindi_PMGDISHA_guidelines1.pdf)

<https://www.pmgdisha.in/>

#### **English**

[https://www.oecd.org/education/2030-project/teaching-and-learning/learning/skills/Skills\\_for\\_2030\\_concept\\_note.pdf](https://www.oecd.org/education/2030-project/teaching-and-learning/learning/skills/Skills_for_2030_concept_note.pdf)

[https://academy.itu.int/sites/default/files/media2/file/D-PHCB-CAP\\_BLD.04-2020-PDF-E\\_02%20June%202020.pdf](https://academy.itu.int/sites/default/files/media2/file/D-PHCB-CAP_BLD.04-2020-PDF-E_02%20June%202020.pdf)

<https://www.who.int/docs/default-source/documents/g4dhdaa2a9f352b0445bafbc79ca799dce4d.pdf>